



## Footgolf Tips & Pointers

Footgolf is a mix of golf and soccer

1. Each Foot Golf Hole has a par, this is the amount of kicks it should take the average foot golfer to get the soccer ball in the hole.
2. The objective of the game is to kick the ball into the large holes in the least kicks possible.
3. Young Kids should kickoff from the red tees or adjacent to the footgolf markers on every hole.
4. Middle aged ( or stronger) kids can choose to kick off further back to make the foot golf holes more challenging
5. Adults can choose to play with their kids, or move back to the white or even blue markers.
6. Use a scorecard and pencil to keep score or don't keep score, it's up to you!
7. There is a map on the back of the card to help you along the way.
8. Soccer Cleats are not permitted on the foot golf course.



Blue Checkered Flags  
are the Footgolf Holes!  
These are your targets.



These are your tees  
When in doubt start  
each hole from here

Good Luck and Have Fun