

**HIGHWOOD DAY LADIES  
GOLF LEAGUE**



**2025**

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**HIGHWOOD GOLF & COUNTRY CLUB**  
**400, 7<sup>TH</sup> STREET, N.W.**  
**HIGH RIVER, Alberta**  
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## EXECUTIVE & CONTACTS

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**If there is any way, we, your Executive, can make the season more enjoyable for you, please let us know.**

## **2025 HIGHWOOD DAY LADIES GOLF LEAGUE**

### **REGISTRATION**

- A 2025 Registration Form will be emailed to all previous members, and copies will be available in the Ladies Locker Room and in the Pro Shop.
- Register by filling in the Registration Form and emailing it to Jacquie Hunsley at [jhunsley@shaw.ca](mailto:jhunsley@shaw.ca) or leaving it at the Pro Shop for Jacquie.
- All ladies playing in the league **must have a Golf Canada membership**. This is included in annual dues for full members. Social members and non-members can purchase a membership at the Highwood Pro Shop.
- The Day Ladies will play on Tuesday mornings, in a back nine shotgun, usually at 8:30 AM. There may be a need however, to change the start time / switch to tee times in the shoulder months.

### **LEAGUE FEE STRUCTURE For 2025**

- **Members- \$70.00**
- Non Members- \$80.00
- Honorary Members- \$50.00
- Non member green fees- \$48.00 plus GST -\$50.40
- Cart rental- \$23.00 plus GST- \$24.15 **per person**
- **The executive will handle registration refunds for cases of illness or injury on an individual basis if a golfer is unable to complete the season.**

### **WEEKLY PROCESS**

- Sign up to play each week by signing on to the Highwood website and registering for the Ladies League Signup Event in the Highwood Calendar.
- Non-members will have to email - Dan (pro) at [dan@highwoodgolf.com](mailto:dan@highwoodgolf.com) to sign up.

- **The deadline to sign up for the next Tuesday is Saturday at 5 PM.**
- On Make Your Own Foursome Days, you can sign up with a group of your choice, or as an individual.
- On Game Day, check in with the Ladies Executive- usually in the Fox's Den. Sign up for the Closest to the Pin, Chip In competitions and the 50/50 draw if you wish.
- There will be a Game of the Day each week. See the schedule.
- **The first game is scheduled for Tuesday, May 6th, 2025**
- Handicaps will be looked up, the groups will be made up and two scorecards will be prepared.
- Hand in both team score cards to the Club Captain.

The treasurer will calculate the Game of the Day winners and email out the winners and the prize amounts and announce the game for the next week.

- Prizes will be credited to your Highwood account. Non-members will receive Highwood gift certificates
- **The maximum handicap for Ladies League will be 40.**
- **If you decide to pick up on a hole, the maximum score assessed for the hole will be 4 over par.**
- **Preferred Lie** – Until the end of June, if you land in an undesirable spot in the closely mown area through the green (a.k.a. the fairway), you must mark your ball, and then you may lift your ball, clean it if you wish, and place it in a preferred lie, within one club length of where your ball came to rest, no closer to the hole. You can only place your ball once so choose your spot carefully. There is no penalty. Do not bump your ball with your club, as that incurs a one stroke penalty.
- **Putts**- There are no "gimmee" putts. You must hole out.
- Remember to post your score in Golf Canada.
- Highwood is participating in CHAMPS and Country Interclub in 2025
- Highwood is not participating in SLIC for 2025
- The Spring Opening Scramble, lunch & meeting is scheduled for May 20th

- The Fall Closing Scramble, lunch & meeting is scheduled for September 23rd.
- The Ladies' Open is scheduled for Sunday, July 20th.

### **CHIP INS**

- Entry into the weekly Chip In competition is voluntary.
- Enter into the competition at check in before you play.
- Cost is \$1. Put your Loonie into the Chip In jar and write your name on the "Chip In" sheet.
- All money collected is split between those with Chip In's and paid out in cash prizes.
- Prizes will be awarded at lunch following the round.
- If there are no Chip In's that day, the prize money is carried over to the next week.

### **CLOSEST TO THE PIN (KP)**

- Entry into the weekly Closest to the Pin competition is voluntary.  
Enter into the competition at check in before you play.
- Cost is \$1. Put your Loonie into the "KP jar" and write your name on the KP sheet in the column.
- All money collected is split between the two players who are closest to the pin on the two holes selected for that day.
- Prizes will be awarded at lunch following the round.
- If there is no KP that day, the prize money is carried over to the next week.

### **50/50 DRAW**

- Entry into the weekly 50/50 Draw is voluntary.
- Enter the 50/50 Draw when you check in or after the round before the draw is made.
- Cost per entry is \$1. Put your Loonie into the 50/50 jar and write your name on a 50/50 Draw chit.

- Half of the money collected will be paid out in cash to the winner. The other half will go to the Ladies League.
- The draw will be made at lunch following the round.

## **BREAK 80, 90, 100 (FOR THE FIRST TIME)**

- Score can be used from any round played during the season (not just on League play days).
- If you break 80, 90 or 100 **for the first time**, have your scorecard attested by someone playing with you and pass it to the Club Captain.
- The Club Captain will keep track of the players who break 80, 90 or 100 for the first time.
- Pins will be awarded at the end of the season.

## **GAME OF THE DAY DESCRIPTIONS**

**BEST NINE** – Total Gross score for the best 9 of the 18 holes. Subtract  $\frac{1}{2}$  handicap.

**BLIND NINE** – Captain will pick the 9 holes to score. Count Gross scores

**CHA CHA CHA (Team Event)** – Count 1 Net best ball of the foursome on Holes 1,4,7,10,13,16; Count 2 Net best balls on Holes 2,5,8,11,14,17; Count 3 Net best balls on Holes 3,6,9,12,15,18.

**CRISS CROSS** – Select better hole of 1 or 10, 2 or 11, 3 or 12, etc . Total those Gross scores. Subtract  $\frac{1}{2}$  the handicap

**Flag Game-** Each golfer receives a flag with their name and handicap plus par. Flag goes down when all your strokes are used up.

**GOLFER'S REVENGE** – Subtract all Par 5 Gross scores from total Gross score. Subtract full handicap.

**HATE 'EM** – Prior to play, circle the 3 holes you absolutely hate. Total your Gross score, then subtract the Gross scores of the 3 holes you circled. Subtract full handicap.

**HIDDEN PARTNERS (Partner Event)** – Keep individual Gross and Net score. At the end of the round, your partner will be drawn at random. Total Net score for the 2 players.

**MUTT & JEFF** – Total Gross score of all Par 3's and 5's. Subtract ½ handicap.

**O.N.E.S.** – Count Gross scores only on holes that begin with O,N,E or S. You will count holes 1,6,7,8,9,11,16,17,18. Subtract ½ handicap.

**PUTT AROUND (Points Game)** – Chip In add 5 points; 1 Putt add 3 points; 2 Putts add 1 point; 3 Putts subtract 1 point.

**Solheim Cup (Team Event)** – The golfer will be delegated to a red or black team. It is match team play- two red play best net against the two black.

**Stableford Points**- one point earned for a net bogie, two for a net par, three for a net birdie and four for a net eagle.

**T's & F's** – Count Gross scores only on holes that begin with T or F. You will count holes 2,3,4,5,10,12,13,14,15. Subtract ½ handicap.

**Two Best Nets**- The two best net scores are counted from each hole

**THREE BLIND MICE** – Three holes are selected randomly. No one knows which have been selected. At the end of the round, the scores on those holes are thrown out. Subtract full handicap.

**DICE GAME**- #1 is for player 1, #2 is for player 2, #3 is for player 3, #4 is for player 4, #5 is for the worst score and #6 is for the best score. The # on the dice indicates the player whose score is used for the team score. After the hole is played the first player throws the dice & the player matching the number rolled is the net score you [use](#). On the completion of the next hole player 2 throws the dice and that corresponding player's net score is used. This is continued for 18 holes. Lowest team score wins.

DAY	DATE	GAME SCHEDULE
Tue	Apr 29	Welcome back - 2:00 to 4:00
Tue	May 6	T's & F's tee times starting #1 starting at 9:30
Tue	May 13	Golfer's Revenge tee times starting #1 at 9:30
Tue	May 20	<b>Spring Opening</b> – 9:00 scramble, Lunch & Meeting
Tue	May 27	Three Blind Mice – 8:30 shotgun start
Mon	Jun 2	<a href="#">Champs - Home vs Sirocco 10:00/10:08</a>
Tue	Jun 4	Blind Nine
Mon	Jun 9	<a href="#">Country Interclub at Highwood</a>



Tue	Jun 10	Champs- Home- vs Inglewood 8:30/ 8:40
Tue	Jun10	Best Nine
Mon	Jun 16	Champs- Home vs Valley Ridge 10:00/ 10:08
Tue	Jun 17	Putt Around
Tue	Jun 23	Champs – Home vs Turner Valley 10:00/ 10:08
Tue	Jun 24	SOLHEIM CUP (team game)
Tue	Jul 1	O.N.E.S
Mon	Jul 7	CHAMPS- Away vs Silver Springs 11:45/ 11:54
Tue	Jul 8	Cha Cha Cha (team game)
Mon	Jul 14	Champs- Away vs Sirocco 10:03/ 10:12
Tue	Jul 15	Hidden Partners
Sun	Jul 20	Ladies Open- 1:00 pm shotgun
Mon	Jul 21	CHAMPS- Away vs Inglewood 10:30/ 10:-39
Mon	Jul 21	Country Interclub at Redwood Meadows
Mon	Jul 21	Provincial Women's Senior Championship
Tue	Jul 22	Provincial Women's Senior Championship
Wed	Jul 23	Provincial Women's Senior Championship
Tue	Jul 22	Stableford
Tue	Jul 29	Champs Home vs Valley Ridge 10:36/10:45
Tue	Jul 29	Memorial Day- Pick your partner
Tue	Aug 5	Low gross/Low net (team game)
Tue	Aug 12	Mutt & Geoff
Wed	Aug 13	Champs Away vs Turner Valley 11:00/ 11:09
Tue	Aug 19	Champs Home vs Silver Springs 8:30/ 8:40
Tue	Aug 19	Criss Cross
Tue	Aug 26	Two best nets - team game
Wed	Aug 27	Country Interclub at Priddis Green
Tue	Sept 2	Cottonwood
Tue	Sept 2	Dice game (team game)
Tue	Sept 7	Hate' Em Last 8:30 shotgun start
Tue	Sept 16	Flag Game 8:30 am Tee times off #1
Tue	Sept 23	Fall Closing 9:00 shotgun, lunch & meeting

## INTERCLUB COMPETITIONS

Sign-up sheets for Interclub will be available at the Welcome Back event on April 29th and are posted in the Locker Room. Teams will be made up prior to each Interclub. Full members get priority over social members and non-members. You will be notified by the coordinator if you have been selected to play. Names of those chosen to play will be posted on the Bulletin Board. There is no charge for the green fees. Each player pays for a power cart if they want one and lunch.

## COUNTRY INTERCLUB

**Joan O'Toole 403-461-8217 [joanieotoole@hotmail.com](mailto:joanieotoole@hotmail.com)**

Highwood, Cottonwood, Redwood Meadows and Priddis participate in Country Interclub. Games are played once a month, usually on a Monday, with each club hosting once. Each club sends 5 A players (index < 20.1) and 5 B players (index 20.1 to 35.2) as well as the coordinator. Teams are made up with a player from each club. There is a pre-arranged lunch after the game; each player pays for their lunch.

Points are awarded by player (1 for bogey, 2 for par, 3 for birdie, 4 for eagle, 5 for albatross) and at the end of the season the club with the most points is declared champion and are awarded the trophy.

## CALGARY HOSPITALITY & MATCH PLAY SECTION (CHAMPS)

**Organized by the Calgary Ladies Golf Association**

**Judy Webb- 403-807-2545 [judywebbsmail@gmail.com](mailto:judywebbsmail@gmail.com)**

Interclub match play event is a round robin schedule of games between participating clubs. It is attractive to players who prefer a moderate level of competition sprinkled with a heavy dose of camaraderie. The event features 2 A index and 2 B index players from opposing clubs. Following golf, the focus turns to fun where players share their experiences of the day over lunch (ordered off menu) and libations. Each player pays for their cart (if using) and their lunch. Golf is complimentary. Friendships

formed, good golf and “rather forget” incidents are shared at a windup tournament hosted at a different club each September.

## **COMMON RULES**

1. Out of Bounds (White Stakes) – D, M
2. Lost Ball – D, M
3. Unplayable Lie – D, E, G
4. Unplayable Lie Bunker – K, L
5. Embedded Lie – Free relief, No Penalty
6. In Penalty Area (Red Stakes) – C, D, F, H
7. Hitting Wrong Ball – A, B
8. Grounding Club in Bunker – No penalty except when a player touches sand (1) with her hand or club to test the conditions of the bunker, (2) in making a practice swing, (3) with the club in the area right behind or in front of the ball or (4) in making the backswing for the stroke – A, B
9. Grounding Club in Penalty Area – No Penalty
  
10. Giving or Asking Advice – A, B
11. Agreeing to Waive a Rule – J
  
12. Immovable Obstruction Interferes with Swing or Stance – C, I
13. Ball in Ground Under Repair or on a Cart Path – Out of Bounds (White Stakes) - C I

## **PROCEDURES AND PENALTIES**

- A. Two Strokes – Stroke Play
- B. Loss of a Hole – Match Play
- C. Play the ball as it lies – no penalty
- D. One stroke and replay from where the ball was hit
- E. One stroke and drop the ball within 2 club lengths of where the ball lies

- F. One stroke and drop the ball within 2 club lengths of where the ball last crossed into the penalty area
- G. One stroke and drop the ball as far back as desired on a line through where the ball lies and the flag
- H. One stroke and drop the ball as far back as desired on a line through where the ball last crossed into the penalty area and the flag.
- I. Drop within 1 club length of the established reference point, no closer to the hole – no penalty
- J. Disqualification
- K. Two strokes and take relief outside the bunker on the line from the hole where the ball came to rest in the bunker
- L. One stroke and take relief inside the bunker either from within 2 club lengths from the ball, or behind the ball on a straight line from the hole
- M. Two strokes and drop the ball on the nearest edge of the fairway, where you think the ball is or where the ball went out of bounds, the same distance from the hole (cannot be used if a provisional ball has been hit or the ball is lost in a penalty area.

## **RULES ARE TOOLS**

Approximately every 2 weeks an explanation of a rule will be emailed out to the members to educate but not overwhelm.

## **HANDICAP FOR TUESDAY LADIES**

Dan will calculate handicaps averaging out scores for **Tuesdays only**. These will be reflected on the golfer's card for each league game and updated after every Tuesday game.

## **POSTING YOUR SCORES**

It is **your** responsibility to post your scores in Golf Canada to establish your handicap for all competitions. **ALL** scores must be

posted in order to reflect your current handicap. The pro shop along with your captain would be happy to assist you in getting familiar with posting your score.

## **MAKE IT EASIER!**

Download the Golf Canada App on your phone and post from anywhere when you get off the course!

## **WORLD HANDICAP SYSTEM**

The World Handicap System determines the maximum number of strokes a player can post into the computer on any hole, based on the player's course handicap.

The maximum hole score for each player is limited to a **Net Double Bogey** and the calculation is simple – **Par + 2 + any handicap strokes for the hole.**

You need to know:

- **your handicap at the course you are playing,** and
- **the number of handicap strokes you get on each hole.**

### **A Simple Example:**

Your handicap is 36, you get 2 strokes per hole.

On a Par 3 you can record a maximum of 7 = Par 3 + 2 + your 2 strokes.

On a Par 4 you can record a maximum of 8 = Par 4 + 2 + your 2 strokes.

On a Par 5 you can record a maximum of 9 = Par 5 + 2 + your 2 strokes.

If you enter your score as a total, you have to adjust the total for maximum hole scores. If you enter your score hole by hole, the system does it for you. If this is not clear be sure to enter your score hole by hole in Golf Canada so your handicap will be correct.

# **INDEX TO HANDICAP CONVERSION** **LADIES RED TEES**

<b>HIGHWOOD</b>		<b>RED TEES</b>	
<b>Slope Rating - 131</b>		<b>Par - 72</b>	
<b>Course Rating - 70.6</b>			
<b>Index</b>	<b>Handicap</b>	<b>Index</b>	<b>Handicap</b>
1.7 - 2.5	1	22.4 - 23.2	25
2.6 - 3.3	2	23.3 - 24.0	26
3.4 - 4.2	3	24.1 - 24.9	27
		25.0 - 2	
4.3 - 5.0	4	5.7	28
5.1 - 5.9	5	25.8 - 26.6	29
6.0 - 6.8	6	26.7 - 27.5	30
6.9 - 7.6	7	27.6 - 28.3	31
7.7 - 8.5	8	28.4 - 29.2	32
8.6 - 9.4	9	29.3 - 30.1	33
9.5 - 10.2	10	30.2 - 30.9	34
10.3 - 11.1	11	31.0 - 31.8	35
11.2 - 11.9	12	31.9 - 32.6	36
12.0 - 12.8	13	32.7 - 33.5	37
12.9 - 13.7	14	33.6 - 34.4	38
13.8 - 14.5	15	34.5 - 35.2	39
14.6 - 15.4	16	35.3 - 36.1	40
15.5 - 16.3	17	36.2 - 37.0	41
16.4 - 17.1	18	37.1 - 37.8	42
17.2 - 18.0	19	37.9 - 38.7	43
18.1 - 18.8	20	38.8 - 39.5	44
18.9 - 19.7	21	39.6 - 40.4	45
19.8 - 20.6	22	40.5 - 41.3	46
20.7 - 21.4	23	41.4 - 42.1	47
21.5 - 22.3	24	42.2 - 43.0	48

**WE HOPE YOU ENJOY YOUR 2025  
GOLF SEASON!**

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**A Round of golf with your best pals is like  
hitting a hole in one in the game of  
friendship!**

**ENJOY OUR GREAT FACILITIES**

**HAVE FUN & STAY WELL**



